



CERTIFICATE

OF PARTICIPATION

This is to certify that

Ryno Van Rooyen

Has successfully participated & completed the

42km The Spar Knysna Forest Marathon

held at Knysna.

TIME 03:54:42

PACE 05:34/km

OVERALL 89 of 834

GENDER 72 of 563

40+ 16 of 161

08 July 2023, Sat

Date



